



February 2012




Kipp Blytheville College Prep. School

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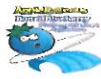
Preferred Meal Systems, Inc.

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Monday	Tuesday	Wednesday	Thursday	Friday
		APPLE MUFFIN Blended Fruit Juice	BEEF SAUSAGE ON A BISCUIT Grape Juice	FROSTED FLAKES (LOW SUGAR) Whole Grain Sliced Bagel Apple-Cranberry Juice
FROSTED MINI WHEATS (WHOLE GRAIN) Cinnamon Breakfast Square Orange Pineapple Juice	CHEESY EGG, POTATO & TURKEY SAUSAGE INCREDI-BOWL Honey Belly Bears Blended Fruit Juice	RAISIN BRAN (WHOLE GRAIN) Glazed Donut Grape Juice	GOLDEN PANCAKES Apple-Cranberry Juice	BLUEBERRY MUFFIN Orange Juice
FROSTED FLAKES (REDUCED SUGAR) Apple Granola Square Blended Fruit Juice	CHEESE OMELET Graham Crackers Orange Pineapple Juice	APPLE MUFFIN Grape Juice	FRENCH TOAST STICKS Apple Cranberry Juice	CORN POPS Cinnamon Raisin Bagel Apple Juice
 President's Day	MINI WHEATS LITTLE BITES (WHOLE GRAIN) Apple Granola Square Grape Juice	BANANA MUFFIN Apple Juice	BREAKFAST BURRITO Blended Fruit Juice	CRISPIX Rockin' Raisin Muffin Apple Cranberry Juice
COCOA KRISPIES Cinnamon Breakfast Square Blended Fruit Juice	CHICKEN BISCUIT Grape Juice	APPLE JACKS REDUCED SUGAR Cinnamon Superstix Orange Juice		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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4-12 T



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Monday	Tuesday	Wednesday	Thursday	Friday
		1 PENNE PASTA W/MEAT SAUCE(WHOLE WHEAT) BAKED CHICKEN NUGGETS(WHOLE GRAIN) Green Garden Peas Fresh Pear Garlic Bread	2 CRISPY CHICKEN TENDERS(WHOLE GRAIN) CHARBROILED HAMBURGER Potato Rounds Fresh Banana Hamburger Bun Cheddar Goldfish Crackers	3 BEEF SAUSAGE PIZZA (WHOLE WHEAT) KICKIN' CHICKEN Fresh Baby Carrots Peach Cup Hamburger Bun
6 MINI CORN DOGS FRENCH BREAD PEPPERONI PIZZA Potato Wedges Pineapple Cup PopCorners	7 MACARONI & CHEESE (WHOLE WHEAT) HOT DOG Garden Vegetables Peach Cup Hot Dog Bun Garlic Bread	8 HOMESTYLE SALISBURY STEAK W/GRAVY BAKED CHICKEN NUGGETS(WHOLE GRAIN) Mashed Potatoes Fresh Pear Hamburger Bun	9 ITALIAN CHICKEN PARMESAN (WHOLE GRAIN) CHEESEBURGER Green Garden Peas Fresh Orange Hamburger Bun Lemon Cookie	10 CHEESE PISA PIZZA CRISPY CHICKEN FILLET (WHOLE GRAIN) Tossed Salad Grape Juice Hamburger Bun Vanilla Cookie
13 FRENCH TOAST STICKS W/SAUSAGE BEEF SAUSAGE PIZZA (WHOLE WHEAT) Potato Rounds Orange Juice	14 POPCORN CHICKEN HOT DOG Maple Baked Beans Bonzi Blueberry Applesauce (All Natural) Hot Dog Bun Valentine's Day Cookie	15 MEATBALL SUB W/TOMATO SAUCE BAKED CHICKEN NUGGETS(WHOLE GRAIN) French Fries Fresh Banana Hot Dog Bun Honey Wheat Pretzels	16 CHEESE PIZZA DIPPERS Marinara Dipping Sauce CHARBROILED HAMBURGER Fresh Baby Carrots Pineapple Cup Hamburger Bun Goldfish Crackers	17 SWEET & SOUR BROWN RICE BOWL W/CHICKEN KICKIN' CHICKEN Fresh Orange Grape Juice Hamburger Bun Corn Muffin
 President's Day	21 HOMESTYLE CHILI W/BEANS FRENCH BREAD PEPPERONI PIZZA Whole Kernel Corn Cherry Frozen Juice Bar WG Tortilla Rounds	22 TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD BAKED CHICKEN NUGGETS(WHOLE GRAIN) Tomato Soup Peach Cup	23 CRISPY CHICKEN TENDERS(WHOLE GRAIN) CHEESEBURGER Potato Wedges Fresh Apple Hamburger Bun Fritos	24 CHEESE PISA PIZZA CRISPY CHICKEN FILLET (WHOLE GRAIN) Fresh Baby Carrots Pear Cup Hamburger Bun
27 POPCORN CHICKEN BEEF SAUSAGE PIZZA (WHOLE WHEAT) Potato Rounds Apple-Cranberry Juice Oatmeal Cookie	28 SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE HOT DOG Green Garden Peas Mixed Fruit Cup Garlic Bread Hot Dog Bun	29 BAGEL DOG BAKED CHICKEN NUGGETS(WHOLE GRAIN) Potato Wedges Fresh Pear		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

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